



Los Trancos Woods & Vista Verde **Newsletter – April & May 2020**

Can I Help? or I Need Help!

Woodside Fire Protection District (WFPD) and the team at [WPV-READY](#) are uniting volunteers with residents who have supply needs during the shelter in place. **Higher risk individuals and groups - please consider requesting volunteer assistance to protect yourself and those around you.**

[Here is additional information on groups at higher risk from the Centers for Disease Control and Prevention.](#)

- **If you're a resident who has supply needs:** [Sign up as a resident: https://wpv-ready.org/COVID-19/WPV-HELP-Residents](https://wpv-ready.org/COVID-19/WPV-HELP-Residents)
- **If you're willing to volunteer:** [Sign up as a volunteer: https://wpv-ready.org/COVID-19/WPV-HELP-Volunteers](https://wpv-ready.org/COVID-19/WPV-HELP-Volunteers)

Be safe and remember, your neighbors are here for you!

Note: LTW and VV Emergency Preparedness Teams are working with WPV-Ready to connect volunteers and requests in a safe manner. We have looked over the information, and trust that WPV-Ready has done their homework to have important and correct guidelines. Please sign up if you can volunteer or need help!

Submitted by LTW & VV Emergency Preparedness Teams

Life of a Virus

How long does COVID-19 live on different surfaces? That is the question. I was unable to unearth very many trusted sources for this. Listed below are what I did find. I welcome others to search also for scientific studies on this topic. A lot is published in the popular press, but I urge you to always seek their sources to see how reputable they are. A solution of 70% alcohol is recommended for disinfecting per CDC guidelines.

USFDA (Federal Drug Administration) notice on web site 3/27/2020:

“Currently there is no evidence of food or food packaging being associated with transmission of COVID-19.”

CDC (Center for Disease Control and Prevention) web site article updated on 3/26/2020:

“Transmission of SARS-CoV-2 [COVID-19] to persons from surfaces contaminated with the virus has not been documented. Transmission of coronavirus occurs much more commonly through respiratory droplets than through fomites.” Social distancing, folks, looks like the most important factor in preventing spread.

NEJM (New England Journal of Medicine) published a letter about a study on 3/17/2020:

4 different surfaces were tested for how long COVID-19 is alive, so look around your house and see where those surfaces are. Copper - 8 hrs., cardboard - 24 hrs., stainless steel - 48 hrs., plastic - 72 hrs.

WebMD web site lists a number of different surfaces, however, they had no references for where this information came from, so I could not corroborate their statements. If you read it closely, you will see that they frequently refer to coronaviruses in general and not COVID-19 specifically. It would be more useful to have information specifically for the COVID-19 coronavirus.

<https://www.webmd.com/lung/how-long-covid-19-lives-on-surfaces>

Submitted by Linda Drey-Nightingale

Is Your Car Sheltering in Place?

As we are not going to work or traveling as much for shopping and other activities these days it is important to ensure that your car battery is kept fully charged and is not allowed to run down.

For regular gas-powered vehicles, if you have more than one car, or are not driving more than once a week, you should be sure and drive your vehicle, or at least idle it for a half an hour, to ensure that your battery stays charged. A better alternative is to pick up something called a battery trickle charger/maintainer at your local auto parts store. By connecting one of these simple devices to your battery, and leaving it on for about 36 hours, it will ensure that your battery is fully charged when you need to run your car. Instructions are simple to follow.

If you have a hybrid vehicle, it has a separate 12 volt battery for starting the engine that also needs to be kept charged. You should connect the vehicle to its wall charger, once a week to keep this smaller battery charged as well.

In all cases, to avoid carbon monoxide poisoning, be sure to keep all doors open if you are idling your vehicle in a garage.

Submitted by Ken Kormanak

Los Trancos County Maintenance District - Community Advisory Committee (CAC)

As we do not know when our community meeting can be rescheduled due to the COVID-19 epidemic, we are moving forward with a 2-year plan and budget in order to gain approval from the San Mateo County Board of Supervisors in time for the start of the next fiscal year, July 1st. We will share through the [group.io](https://www.group.io) preliminary 2-year plan/budget information for your feedback very soon.

The pending widening of part of Los Trancos Road and placement of lower curbs, mentioned in the last newsletter, should happen in May. The Department of Public Works will alert folks via signage and staking out in the project area prior to work being done.

We hope all stay healthy and happy. The Los Trancos County Maintenance District (LTCMD) CAC exists to advise and offer feedback to DPW and WFPD and to inform the community about LTCMD sponsored programs. Feel free to contact any of us on the CAC: Jerry Hearn, Ken Kormanak, Amanda Lee (Co-Chair), Claudia Mazzetti, David Smernoff, Bill Tagg and Tom Thayer (Co-Chair)

Submitted by Amanda Lee, Co-Chair of CAC

Neighborhood Notes

- Do not forget to **wash your hands** with soap for 20 sec. after you bring in your garbage, recycle, or yard waste bins. The sanitation workers are careful, but think of how many bins they touch each day.
- Be sure to complete your **2020 Census online** as soon as possible. This will avoid the U.S. government having to send out people to your door to follow up on why it did not get submitted on time. The government just pushed their follow-up date from mid-May to May 28, so everyone should have sufficient time to complete the questions online.

Submitted by Ken Kormanak

- **Finally** Gene Hunner gets to report some **rain**: Feb. - 0.0", March - 3.4", season-to-date - 16.0.

2020-21 Community Resource Guide

Please make the following changes to your 2020-21 CRG. If you have not received the new CRG, please contact your Group Leader listed in your last CRG and see what is up.

My apologies to anyone who sent me updates for the CRG. I left my folder in LTW and have no record of the changes here in Bend.

If you have any changes to the listings please contact Linda at dreynight@aol.com.

Community Associations' Web Sites

Web site addresses are:

<http://lostrancoswoods.org/>

<http://www.vistaverdepv.org>

To subscribe to group e-mail lists:

vltw+subscribe@groups.io

VistaVerdeCommunityAssoc-subscribe@yahoogroups.com.

Thank you, Jerry Jensen & Rob Kalman for maintaining web sites